

CHRIST CHURCH CATHEDRAL OTTAWA

PARTNERING WITH ST. LUKE'S OTTAWA

THE FOURTH SUNDAY AFTER EPIPHANY

January 31st, 2021

10.30 am Sung Holy Eucharist (Live-streamed)
Service music: New Plainsong Mass – David Hurd

Prelude

Liebster Jesu, wir sind hier BWV 730/731 – J.S. Bach

Welcome

THE GATHERING OF THE COMMUNITY

Hymn

All Praise be yours - Sine Nomine

All praise be yours, for you, O King divine, Your rightful glory freely did resign That in our darkened hearts your grace might shine. Alleluia!

You came to us in lowliness of thought;
By you the outcast and the poor were sought,
And by your death was God's salvation wrought. Alleluia!

O Jesus, let your mind within us be, For you were a servant that we might be free And humbly stooped to death on Calvary. Alleluia!

Let ev'ry tongue confess with one accord In heav'n and earth that Jesus Christ is Lord, And God the Father be by all adored. Alleluia!

Greeting

Dear friends, we gather this day on the traditional territory of the Algonquin Nation. **May we always dwell on this land with respect and peace.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

And also with you.

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Gloria

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE PROCLAMATION OF THE WORD

First Reading

Deuteronomy 18:15-20

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 111

Hallelujah! I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the Lord! they are studied by all who delight in them. His work is full of majesty and splendour, and his righteousness endures for ever. He makes his marvellous works to be remembered; the Lord is gracious and full of compassion. He gives food to those who fear him; he is ever mindful of his covenant. He has shown his people the power of his works in giving them the lands of

the nations. The works of his hands are faithfulness and justice; all his commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. He sent redemption to his people; he commanded his covenant for ever; holy and awesome is his name. The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.

Second Reading

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords – yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Hear what the Spirit is saying to the church.

Thanks be to God.

Gradual

There's a wideness in God's mercy – Maurice Bevan

There's a wideness in God's mercy like the wideness of the sea; there's a kindness in his justice which is more than liberty. There is no place where earth's sorrows are more felt than up in heaven; there is no place where earth's failings have such kindly judgement given. For the love of God is broader than the measure of our mind, and the heart of the Eternal is most wonderfully kind. But we make his love too narrow by false limits of our own; and we magnify his strictness with a zeal he would not own. If our love were but more simple, we should take him at his word; and our lives would be all gladness in the joy of Christ our Lord.

Holy Gospel Mark 1:21-28

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Jesus Christ.

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn

Blessed Jesus at your word – Liebster Jesu

Blessed Jesus, at your word we are gathered all to hear you. Let our hearts and souls be stirred now to seek and love and fear you. By your gospel pure and holy, teach us, Lord, to love you solely.

All our knowledge, sense, and sight lie in deepest darkness shrouded, till your Spirit breaks our night with your beams of truth unclouded. You alone to God can win us; you must work all good within us.

Glorious Lord, yourself impart; Light of Light, from God proceeding, open lips and ears and heart; help us by your Spirit's leading. Hear the cry your church now raises; Lord, accept our prayers and praises.

The Apostles' Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into

heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Let us pray.

Joined together in communion with the Holy Spirit, let us pray with one mind to God the Creator, saying "Lord, hear our prayer."

That all the churches of the world will fulfill Jesus' command to bring the Gospel of love to every heart and to every place. For the Anglican Communion, remembering especially Justin, Archbishop of Canterbury. For the Anglican Church of Canada and for Linda our Primate; for Anne our Metropolitan and Shane our Bishop. We pray for the clergy and people of the Diocese of Ottawa as we care for one another in these pandemic days. Let us pray to the Lord:

Lord, hear our prayer.

That the righteousness of God may guide the hearts and minds of the world's leaders into ways of justice and reconciliation; that there may be peace in Jerusalem and across the face of the earth, in every nation and among all peoples. Let us pray to the Lord:

Lord, hear our prayer.

That the compassion of God will call all the children, women and men who live in our communities to care for each other, especially those who are impoverished, isolated, exploited, marginalized, or victimized. Let us pray to the Lord:

Lord, hear our prayer.

That the healing of God will visit all who suffer in body, mind or spirit; especially those suffering in any way from coronavirus, and those we hold in our hearts and minds at this time. Let us pray to the Lord:

Lord, hear our prayer.

That the comfort of God will be with those who suffer loss and those who mourn; and that the hope of Christ will be with us as we remember those who have died, especially any known to us. Let us pray to the Lord:

Lord, hear our prayer.

Gracious God, accept our prayers this day, spoken aloud and in our hearts. By the working of your Holy Spirit, deepen our communion with you and make each of us signs of your endless love, your steadfast hope, and your calming peace. This we pray in the name of Jesus, our light, our guide, and our strength. **Amen.**

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God.

we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn

Dear God, compassionate and kind – Repton

Dear God, compassionate and kind, forgive our foolish ways. Re-clothe us in our rightful mind, in purer lives thy service find, in deeper reverence, praise.

O Sabbath rest by Galilee! O calm of hills above, where Jesus knelt to share with thee the silence of eternity interpreted by love!

Drop thy still dews of quietness, till all our strivings cease; take from our souls the strain and stress, and let our ordered lives confess the beauty of thy peace.

Breathe through the heats of our desire thy coolness and thy balm; let sense be dumb, let flesh retire; speak through the earthquake, wind, and fire, O still, small voice of calm.

We invite you to make an offering to the Cathedral at this time by sending an e-transfer to info@ottawacathedral.ca or by going to: https://www.canadahelps.org/en/dn/5519.

THE CELEBRATION OF THE EUCHARIST

Prayer Over the Gifts

God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

Glory to you for ever and ever.

You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We give you thanks and praise, loving God, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected. Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

Glory to you for ever and ever.

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

Glory to you for ever and ever.

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

Glory to you for ever and ever.

Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty God, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

Glory to you for ever and ever. Amen.

The Lord's Prayer

And now, as our Saviour Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break the bread of life, and that life is the light of the world.

God here among us, light in the midst of us, bring us to light and life.

Communion

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Motet

Ave Verum - William Byrd

Ave verum corpus, natum de Maria Virgine, vere passum, immolatum in cruce pro homine: Cuius latus perforatum unda fluxit sanguine. Esto nobis praegustatum in mortis examine: O Dulcis! O pie! O lesu fili Mariae, miserere mei. Amen. | Hail true body, born of the Virgin Mary, who having truly suffered, was sacrificed on the cross for mankind, whose pierced side flowed with blood. May it be for us a foretaste in the trial of death. O sweet, O holy, O Jesus, Son of Mary, have mercy on me. Amen.

THE SENDING FORTH

Prayer after Communion

Gracious God, in the eucharist we celebrate your love for us and for all people. Grant that strengthened by these holy gifts, we may show your love in our lives, and know its fulfilment in your presence. We ask this in the name of Jesus Christ our Lord. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing and Dismissal

The Lord bless you and keep you. The Lord make his face shine on you and be gracious to you. The Lord look upon you with favour and grant you peace. **Amen.**

Go forth in the light of Christ.

Thanks be to God.

Hymn

Forth in thy name, O Lord, I go - Song 34

Forth in your name, O Lord, I go, my daily labor to pursue, you only, Lord, resolved to know in all I think or speak or do.

The task your wisdom has assigned here let me cheerfully fulfill; in all my work your presence find, and prove your good and perfect will.

Then with delight may I employ all that your bounteous grace has given, and run my earthly course with joy, and closely walk with you in heaven.

Postlude

Praeludium et Fuga in C BWV 545 – J.S. Bach

Celebrant
Gospeller and Preacher
Reader and Intercessor
Cantor
Organist

Canon Hilary Murray Reverend Victoria Scott Canon Doug Richards Andrew McAnerney Nicholas Walters

Liturgy: The Book of Alternative Services ©1985 by the General Synod of the Anglican Church of Canada. Readings: New Revised Standard Version Bible (NRSV) Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

READINGS NEXT SUNDAY

February 7th, 2021 – The Fifth Sunday After Epiphany

Isaiah 40:21-31; Psalm 147:1-12, 21c; 1 Corinthians 9:16-23; Mark 1:29-39

CHRIST CHURCH CATHEDRAL DIRECTORY

Anishinabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate

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The Right Reverend Shane Parker, Bishop of Ottawa
The Very Reverend Beth Bretzlaff (ext.16), Dean of Ottawa and Rector
The Reverend Canon Douglas Richards (ext.19), Vicar
The Reverend Canon Hilary Murray (ext.11), Canon Pastor

Albert Dumont (Oshki Nodin), Algonquin Teacher in Residence Archdeacon Pat Johnston, Archdeacon Michelle Staples, Honorary Assistants Deacon Christine Jannasch (613-818-1754), Spiritual Director in Residence

> Josephine Hall (ext.29), Cathedral Administrator Gillian Wheeler, Jane Morris, Church Wardens Natasha Coolen, Sunday School Coordinator

James Calkin (ext.20), Director of Music and Organist Andrew McAnerney (ext.12), Associate Director of Music Nicholas Walters, Assistant Organist