



# CHRIST CHURCH CATHEDRAL OTTAWA

---

*A diverse and vibrant parish that glorifies God and welcomes all people*

## WELCOME

*It is so wonderful to gather and worship together! **Please note that congregational singing is not allowed at this time.** If you require a headset for hearing assistance or you require communion to be brought to you in the pew, please speak with a Duty Warden or Sidesperson. Sunday school resources are currently available online.*

---

## TENTH SUNDAY AFTER PENTECOST

**August 1<sup>st</sup>, 2021**

10.30 am Sung Eucharist (BAS)  
*New Plainsong Mass – David Hurd*

The flowers are given to the Glory of God.

---

**Prelude**

*Andante sostenuto – Flor Peeters*

## THE GATHERING OF THE COMMUNITY

**Hymn 319**

*Come, let us join our cheerful songs*

**Greeting**

Dear friends, we gather this day on the traditional territory of the Algonquin Nation.

**May we always dwell on this land with respect and peace.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

Almighty God,

**to you all hearts are open, all desires known and from you no secrets are hidden; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

**Gloria**

## Collect of the Day

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever r. **Amen.**

## THE PROCLAMATION OF THE WORD

### First Reading

*2 Samuel 11:26-12:13a*

A reading from the second book of Samuel.

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Psalm 51:1-13**

*Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offences. Wash me through and through from my wickedness and cleanse me from my sin. For I know my transgressions, and my sin is ever before me. Against you only have I sinned and done what is evil in your sight. And so you are justified when you speak and upright in your judgement. Indeed, I have been wicked from my birth, a sinner from my mother's womb. For behold, you look for truth deep within me, and will make me understand wisdom secretly. Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed. Make me hear of joy and gladness, that the body you have broken may rejoice. Hide your face from my sins and blot out all my iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your holy Spirit from me. Give me the joy of your saving help again and sustain me with your bountiful Spirit.*

## **Second Reading**

*Ephesians 4:1-16*

A reading from the letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## **Gradual**

*O love, be deep – Walter MacNutt*

*O love, be deep as the darkest sea, where the sea-grasses sleep and the still stars fade.  
O love, be deep. O love, be wise as the quiet bird whose wings arise with the rising sun.  
O love, be wise. O love, be deep and wise.*

## **Holy Gospel**

*John 6:24-35*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## **Sermon**

### **Apostles' Creed**

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## **Prayers of the People**

Let us pray.

Let us pray in faith and with thanksgiving to the God of heaven and earth, saying "Lord, hear our prayer."

We pray for one another, for our families and friends, through whom we learn to love and to be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbours and our community, loving others as he loves us.

Let us pray to the Lord:

**Lord, hear our prayer.**

We pray for Indigenous neighbours, and we ask that you will help us hear, honour and respect their story. Give us humility, and help us to work for justice, reconciliation, healing and right relationship. We pray for all of our relations.

Let us pray to the Lord:

**Lord, hear our prayer.**

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble. Give them courage and hope in their distress, and bless those who minister to them.

Let us pray to the Lord:

**Lord, hear our prayer.**

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Give wisdom to those in authority among us and to all leaders of the nations.

Let us pray to the Lord:

**Lord, hear our prayer.**

We pray for your Church throughout the world, thanking you for all who serve Christ and his kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your glory.

Let us pray to the Lord:

**Lord, hear our prayer.**

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

Let us pray to the Lord:

**Lord, hear our prayer.**

Merciful God, you look with compassion on all who turn to you. Hear the prayers of your people. Grant that what we have asked in faith we may by your grace receive; through Jesus Christ our Lord. **Amen.**

## **The Peace**

The peace of the Lord be always with you.

**And also with you.**

## **Offertory Hymn 54**

*Bread of the world, in mercy broken*

*Please note that the collection plate will not be passed but it is available at the back of the Cathedral before and after the service. You may also make an offering to the Cathedral by sending an e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca) or by going to <https://www.canadahelps.org/en/dn/5519>. Thank you!*

## **THE CELEBRATION OF THE EUCHARIST**

### **Prayer Over the Gifts**

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen.**

### **The Great Thanksgiving**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

**Glory to you for ever and ever.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

**Glory to you for ever and ever.**

But we turn against you, and betray your trust; and we turn against one another. Again and again you call us to return. Through the prophets and sages you reveal your righteous law. In the fullness of time you sent your Son, born of a woman, to be our Saviour. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

**Glory to you for ever and ever.**

Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me."

In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

**Glory to you for ever and ever.**

Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

**Glory to you for ever and ever.**

Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

**Glory to you for ever and ever. Amen.**

## **The Lord's Prayer**

Our Father,  
**who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

## **Breaking of the Bread**

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the People of God.

**Thanks be to God.**

## **Agnus Dei**

### **Communion**

*For Communion, please proceed to the centre of the altar rail and remain standing. For a blessing, cross your hands over your chest; for gluten-free, hold out one hand; for bread, hold out two hands. Keep your mask on until you have received the bread, then move two metres to either side of the Celebrant to remove your mask and partake of communion before returning to your seat via one of the side aisles. If you are unable to move to the altar, please speak with a Duty Warden or Sidesperson to arrange for communion to be brought to you.*

### **Motet**

*Panis angelicus – César Franck*

*Panis angelicus Fit panis hominum Dat panis coelicus Figuris terminum O res mirabilis Manducat dominum Pauper, pauper Servus et humilis. | May the Bread of Angels become bread for mankind; The bread of heaven puts all foreshadowings to an end; Oh, thing miraculous! The body of the Lord will nourish the poor, the servile, and the humble.*

## **THE SENDING OF THE COMMUNITY**

### **Prayer after Communion**

God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord. **Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### **Blessing and Dismissal**

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of the Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace, to love and serve the Lord.

**Thanks be to God.**



## Hymn 374 (verses 1 and 3)

*Alleluia! Sing to Jesus*

## Postlude

*Festival Voluntary – F. Peeters*

---

*Following the service, you are welcome to remain in your pew and enjoy some quiet time in the sacred space. When ready to depart, please exit the church directly, as we are not permitted to gather and visit inside. Thank you!*

---

*Celebrant  
Gospeller and Preacher  
Organist  
Cantor  
Readers  
Intercessor  
Duty Warden*

Dean Beth Bretzlaff  
Canon Hilary Murray  
Nicholas Walters  
Miriam Rosberg  
Hugh Henderson, Ted Livingstone  
Julia Thompson  
Gillian Wheeler

---

Liturgy: *The Book of Alternative Services* ©1985 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Hymns from *Common Praise*.

---

## READINGS NEXT SUNDAY

### August 8<sup>th</sup> – Eleventh Sunday after Pentecost

2 Samuel 18:5-9, 15, 31-33; Psalm 130; Ephesians 4:25-5:2; John 6:35, 41-51

---

## CHRIST CHURCH CATHEDRAL DIRECTORY

*Anishinabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory  
The Anglican Cathedral in the Nation's Capital  
Cathedral of the Canadian Forces Anglican Military Ordinariate*

414 Sparks Street, Ottawa, Ontario K1R 0B2

(613) 236-9149 [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca) [www.ottawacathedral.ca](http://www.ottawacathedral.ca) @ottawacathedral

*The Right Reverend Shane Parker, Bishop of Ottawa*

*The Very Reverend Beth Bretzlaff (ext.16), Dean of Ottawa and Rector*

*The Reverend Canon Douglas Richards (ext.19), Vicar*

*The Reverend Canon Hilary Murray (ext.11), Canon Pastor*

*Albert Dumont (Oshki Nodin), Algonquin Teacher in Residence*

*Archdeacon Pat Johnston, Archdeacon Michelle Staples, Honorary Assistants*

*Deacon Christine Jannasch (613-818-1754), Spiritual Director in Residence*

*Josephine Hall (ext.29), Cathedral Administrator*

*Gillian Wheeler, Jane Morris, Church Wardens*

*Natasha Coolen, Sunday School Coordinator*

*James Calkin (ext.20), Director of Music and Organist*

*Andrew McAnerney (ext.12), Associate Director of Music*

*Nicholas Walters, Assistant Organist*

---