



CHRIST CHURCH CATHEDRAL OTTAWA

A diverse and vibrant community that glorifies God and welcomes all people

WELCOME

*It is so wonderful to gather and worship together! **Please note that masks are required to be worn at all times except when receiving communion.** If you require a headset for hearing assistance or you require communion to be brought to you in the pew, please speak with the Duty Warden.*

FOURTH SUNDAY OF ADVENT

December 19th, 2021

8.30 am Holy Eucharist (BCP)

The flowers are given to the Glory of God and in thanksgiving for the lives of Asalyn Meakin, Canon J. W. R. and Oriole Meakin, and Alex and Moletta Hodgins; and also, in loving memory of Col. Ted Price, Mary W. Price and Karen S. Price.

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you.

And with thy spirit.

Announcements

Collect for Purity

Let us pray.

Almighty God,
**unto whom all hearts be open, all desires known, and from whom no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may
perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

Summary of the Law

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us, and write all these thy laws in ours hearts, we beseech thee.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Collect of the Day

The Lord be with you.
And with thy spirit.

Heavenly Father, who chose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with your grace, that we in all things may embrace your will and with her rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

Micah 5:2-5a

A reading from the book of Micah.

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

Hear what the Spirit is saying to the Church.
Thanks be to God.

Canticle 18, BAS (LUKE 1:46-55)

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour;
for he has looked with favour on his lowly servant.**

**From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his name.**

**He has mercy on those who fear him
in every generation.**

**He has shown the strength of his arm,
he has scattered the proud in their conceit.**

**He has cast down the mighty from their thrones,
and has lifted up the lowly.**

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Second Reading

Hebrews 10:5-10

A reading from the letter to the Hebrews.

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

Hear what the Spirit is saying to the Church.

Thanks be to God.

Holy Gospel

Luke 1:39-45

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Jesus Christ.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Nicene Creed

I believe in one God

the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

Homily

Offertory

Galatians 6:10

As we have opportunity, let us do good unto all; and especially unto them that are of the household of faith.

Please note that the collection plate will be passed and is also available at the back of the Cathedral before and after the service. You may also make an offering to the Cathedral by sending an e-transfer to info@ottawacathedral.ca or by going to <https://www.canadahelps.org/en/dn/5519>. Thank you!

Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

All things come of thee, and of thine own have we given thee.

Intercession

Let us pray.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Elizabeth our Queen, and to all that are put in authority under her, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Shane our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God,

Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you.

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life.

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

Hear also what Saint John saith. If any one sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

Thanksgiving and Consecration

The Lord be with you;

And with thy spirit.

Lift up your hearts;

We lift them up unto the Lord.

Let us give thanks unto our Lord God;

It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Holy, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and Cup of everlasting salvation, the memorial which he hath commanded;

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The peace of the Lord be always with you.

And with thy spirit.

Prayer of Humble Access

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy:

Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

Agnus Dei

O Lamb of God, that takest away the sin of the world,
have mercy upon us.

O Lamb of God, that takest away the sin of the world,
have mercy upon us.

O Lamb of God, that takest away the sin of the world,
grant us thy peace.

Communion

For Communion, please proceed to the altar rail in two lines. For a blessing, cross your hands over your chest; for gluten-free, hold out one hand; for a regular wafer, hold out two hands. The common cup has been deemed safe, but if you are uncomfortable taking the cup, receiving in one kind is full communion. Intinction (dipping the wafer in the wine) is strictly prohibited. Please remove your mask, receive communion, and replace your mask before returning to your seat via one of the side aisles.

The Lord's Prayer

Let us pray.

Our Father,

who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

Prayer after Communion

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

Blessing

Be steadfast in faith, joyful in hope, and untiring in love all the days of your life; And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Celebrant
Gospeller and Preacher
Reader
Duty Warden

Dean Beth Bretzlaff
Canon Doug Richards
Sophie Mündel
Tim Marc

Liturgy: *The Book of Common Prayer* © The General Synod of the Anglican Church of Canada 1962. Readings: *New Revised Standard Version Bible (NRSV) Anglicized Edition* © 1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

READINGS NEXT SUNDAY

December 26th – First Sunday after Christmas

1 Samuel 2:18-20, 26; Psalm 148; Colossians 3:12-17; Luke 2:41-52

ADVENT, CHRISTMAS AND EPIPHANY SERVICES

December 19th, Fourth Sunday of Advent

4 pm Family Christmas Concert

Christmas Eve

4 pm Family Service with Eucharist | 7 pm Choral Eucharist | 10 pm Festal Eucharist for Christmas

Christmas Day

8:30 am Holy Eucharist (BCP) | 10:30 am Choral Eucharist with Children's Homily at the Crèche

December 26th, First Sunday after Christmas

8:30 am Holy Eucharist (BCP) | 10:30 am Choral Eucharist (BAS)

New Year's Day, Anglican Diocese of Ottawa's 125th Anniversary

Noon Choral Eucharist with Archbishop Linda Nicholls

January 2nd, Epiphany of the Lord

8:30 am Holy Eucharist (BCP) | 10:30 am Choral Eucharist (BAS)

January 9th, Baptism of the Lord

8:30 am Holy Eucharist (BCP) | 10:30 am Holy Baptism and Choral Eucharist (BAS)

CHRIST CHURCH CATHEDRAL DIRECTORY

*Anishinabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate*

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The Right Reverend Shane Parker, *Bishop of Ottawa*
The Very Reverend Beth Bretzlaff (ext.16), *Dean of Ottawa and Rector*
The Reverend Canon Douglas Richards (ext.19), *Vicar*
The Reverend Canon Hilary Murray (ext.11), *Canon Pastor*

Albert Dumont (Oshki Nodin), *Algonquin Teacher in Residence*
Archdeacon Pat Johnston, Archdeacon Michelle Staples, *Honorary Assistants*
Deacon Christine Jannasch (613-818-1754), *Spiritual Director in Residence*

Josephine Hall (ext.29), *Cathedral Administrator*
Gillian Wheeler, Jane Morris, *Church Wardens*
Natasha Coolen, *Sunday School Coordinator*

James Calkin (ext.20), *Director of Music and Organist*
Andrew McAnerney (ext.12), *Associate Director of Music*
Nicholas Walters, *Assistant Organist*
