



CHRIST CHURCH CATHEDRAL OTTAWA

A diverse and vibrant community that glorifies God and welcomes all people

WELCOME

Activity bags for children are available at the entrance to the Cathedral. If you require a headset for hearing assistance or need communion to be brought to you in the pew, please speak with a Sidesperson. Please turn off or set mobile devices to silent mode.

FIRST SUNDAY IN LENT

February 26th, 2023

10.30 am Choral Eucharist (BAS)

Missa puellarum – Josef Rheinberger

Prelude

Petit Prélude – Joseph Jongen

Introit

Tone V Plainsong

Hear us, O Lord, have mercy upon us: for we have sinned against thee. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications.

A PENITENTIAL ORDER

Dear friends, we gather this day on traditional Anishinaabe Algonquin territory.

May we always dwell on this land with respect and peace.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

Matthew 4:4

Bless the Lord who forgives all our sins.

God's mercy endures for ever.

Kyrie Eleison

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Hymn 564

Lead us, heavenly Father, lead us

Collect of the Day

Spirit of the desert, you drove Jesus to the edge of the world to seek your truth and find his calling; scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds. **Amen.**

THE PROCLAMATION OF THE WORD

First Reading

Genesis 2:15-17; 3:1-7

A reading from the book of Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Holy Word, Holy Wisdom.

Thanks be to God.

Psalms 32

Happy are they whose transgressions are forgiven, and whose sin is put away! Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile! While I held my tongue, my bones withered away, because of my groaning all day long. For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer. Then I acknowledged my sin to you, and did not conceal my guilt. I said, "I will confess my transgressions to the Lord." Then you forgave me the guilt of my sin. Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them. You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance. "I will instruct you and teach you in the way that you should go; I will guide you with my eye. Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you." Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord. Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

Second Reading

Romans 5:12-19

A reading from the letter of Paul to the Romans.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Holy Word, Holy Wisdom.

Thanks be to God.

Gradual

Litany to the Holy Spirit – Peter Hurford

*In the hour of my distress, When temptations me oppress, And when I my sins confess,
Sweet Spirit, comfort me! When I lie within my bed, Sick in heart and sick in head, And
with doubts discomfited, Sweet Spirit, comfort me! When the house doth sigh and weep,
And the world is drown'd with sleep, Yet mine eyes the watch do keep, Sweet Spirit,
comfort me!*

Holy Gospel

Matthew 4:1-11

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Dean's Charge to Vestry

Hymn 180

Giver of the perfect gift

Apostles' Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Let us pray.

God of grace, you are our judge and our hope. Transform us with your love, harness our energy for your purposes in the world, and hear us as we offer our prayers.

We pray for the earth as your creation, staggering under the demands of human activity and expectation. Where we are tempted to use resources carelessly, where human lifestyles endanger homes and habitats of other peoples or other species, where immediate gain tempts people to give no thought for the future, send your wisdom to guide citizens and decision makers to act responsibly.

Lord, in your mercy,

Hear our prayer.

We pray for Bishop Shane and our diocese, as we reshape parish ministry in order to thrive and develop community ministry that serves those in need. Where we are tempted to guard traditions and resist new possibilities, where we magnify differences instead of celebrating our unity in Christ, where energy for leadership and community life has grown weaker, send your healing and transforming grace.

Lord, in your mercy,

Hear our prayer.

We pray for relationships suffering under stress. Where families are tempted to nurse grudges and harbour complaints, where friendships have been wounded by misunderstanding or neglect, where workplace tensions have arisen over clashing opinions or exhausting demands, send your reconciling and restoring mercy.

Lord, in your mercy,

Hear our prayer.

We pray for the world filled with increasing threats and conflicts, and especially for Ukraine. Where countries are torn by unrest and persecution, where communities are diminished by prejudice and discrimination, where those with power and authority degrade or dismiss their critics, empower those who work for just solutions and advocate for the powerless.

Lord, in your mercy,

Hear our prayer.

We pray for all who are troubled, for those who face illness or loss of any kind, for those challenged by economic hardship, and for those faced with the reality of death, their own or of someone dear. As we offer in silence the names of those on our hearts this day, embrace each one with your compassion and courage.

Silence.

Lord, in your mercy,

Hear our prayer.

Even as we remember the many challenges around us, we give you thanks for the blessings we know, for moments of pleasure, for laughter shared, for conversations that brighten our day. Thank you for your steadfast love and the comfort we draw from your presence with us in all things. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 378

Crown him with many crowns



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate, by going to <https://www.canadahelps.org/en/dn/5519>, or by e-transfer to info@ottawacathedral.ca.

THE CELEBRATION OF THE EUCHARIST

Prayer Over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

Restore us, O God, let your face shine!

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

Restore us, O God, let your face shine!

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

The Lord's Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread,

Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet

O mysterium ineffabile – J.F. Lallouette

O mysterium ineffabile! O charitatis sacramentum admirabile! O bonitatis prodigium! O pietatis miraculum! O amor! O pietas! O epularum jucunditas! O convivarum felicitas! | O unspeakable mystery! O wonderful sacrament of love! O marvel of goodness! O miracle of holiness! O love! O holiness! O joy of Feasts! O happiness of fellowship!

THE SENDING OF THE COMMUNITY

Prayer after Communion

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing and Dismissal

May the God of mercy transform you by grace, and the blessing of God the Creator, God the Son, and God the Holy Spirit, be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.

Thanks be to God.

Hymn 175

Forty days and forty nights

Postlude

Fugue in F minor, HWV 433 – G.F. Handel (arr. W. Best)

Following the service, all are invited to the Great Hall for refreshments, prior to the annual Vestry meeting.

Today at 4 pm, join us for Holy Table, Holy Song – a gentle celebration of the Holy Eucharist held in the intimacy of the Chancel, with musical reflections by members of the choirs, followed by a potluck supper.

Celebrant

Canon Doug Richards

Preacher

Dean Beth Bretzlaff

Organist

Nicholas Walters

Director

James Calkin

Sung by

The Cathedral Girls Choir

Readers

Susan Sibbit, Chuck Staples

Intercessor

Godfrey Mabaleka

Duty Warden

Rob Mann

Collect: *Prayers for an Inclusive Church* (2009) alt. Liturgy: *The Book of Alternative Services* ©1985, *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016, *Supplementary Eucharistic Prayer #2* © 2001 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

READINGS NEXT SUNDAY

March 12th – Second Sunday in Lent

Genesis 12:1-4a; Psalm 121; Romans 4:1-5, 13-17; John 3:1-17

SPECIAL LENTEN WORSHIP SERVICES

Holy Table Holy Song – Sundays in Lent

4 pm Chancel Eucharist followed by potluck

Contemplative Prayer – Thursdays in Lent

12.05 pm Contemplative Prayer with Organ Meditation

Palm/Passion Sunday – April 2nd

8.30 am Holy Eucharist with Blessing of Palms

10.30 am Choral Eucharist with Palm Procession

Monday, Tuesday, Wednesday in Holy Week – April 3rd to 5th

12.05 pm Sung Eucharist

Maundy Thursday – April 6th

7 pm Choral Eucharist with Stripping of the Altar

Good Friday – April 7th

Noon Solemnity of the Lord's Passion

1 to 3 pm Cathedral Open for Quiet Meditation

3 pm Sacred Concert

Holy Saturday – April 8th

8 pm A Vigil for Easter

Easter Sunday – April 9th

8.30 am Holy Eucharist

10.30 am Festal Eucharist

CHRIST CHURCH CATHEDRAL

Anishinaabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate

414 Sparks Street, Ottawa, Ontario K1R 0B2
(613) 236-9149 info@ottawacathedral.ca www.ottawacathedral.ca @ottawacathedral

The Right Reverend Dr. Shane Parker, *Bishop of Ottawa*
The Very Reverend Beth Bretzlaff (ext.16), *Dean of Ottawa and Rector*
The Reverend Canon Douglas Richards (ext.19), *Vicar*

Albert Dumont (Oshki Nodin), *Algonquin Teacher in Residence*
Canon Rob Heard, Archdeacon Michelle Staples, *Honorary Assistants*
Deacon Christine Jannasch (613-818-1754), *Spiritual Director in Residence*

Josephine Hall (ext.29), *Cathedral Administrator*
Gillian Wheeler, Jane Morris, *Church Wardens*
Natasha Coolen, *Children's Ministry Coordinator*

James Calkin (ext.20), *Director of Music and Organist*
Andrew McAnerney (ext.12), *Associate Director of Music*
