



CHRIST CHURCH CATHEDRAL OTTAWA

A diverse and vibrant community that glorifies God and welcomes all people

WELCOME

Activity bags for children are available at the entrance to the Cathedral. If you require a headset for hearing assistance or need communion to be brought to you in the pew, please speak with a Sidesperson. Please turn off or set mobile devices to silent mode.

SEVENTH SUNDAY AFTER PENTECOST

July 16th, 2023

10.30 am Sung Eucharist (BAS)

The St. Anne's Mass – James MacMillan

The flowers are given to the glory of God and in loving memory of The Venerable Stewart Clarke.

Prelude

THE GATHERING OF THE COMMUNITY

Hymn 478

Almighty God, thy word is cast

Greeting

Dear friends, we gather this day on traditional Anishinaabe Algonquin territory.

May we always dwell on this land with respect and peace.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,

**to you all hearts are open, all desires known and from you no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

Glory to God

Common Praise 686

Collect of the Day

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE PROCLAMATION OF THE WORD

First Reading

Genesis 25:19-34

A reading from the book of Genesis.

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddanaram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Holy Word, Holy Wisdom.

Thanks be to God.

Psalms 119:105-112

Your word is a lantern to my feet and a light upon my path. I have sworn and am determined to keep your righteous judgements. I am deeply troubled; preserve my life, O Lord, according to your word. Accept, O Lord, the willing tribute of my lips, and teach me your judgements. My life is always in my hand, yet I do not forget your law. The wicked have set a trap for me, but I have not strayed from your commandments. Your decrees are my inheritance for ever; truly, they are the joy of my heart. I have applied my heart to fulfil your statutes for ever and to the end.

Second Reading

Romans 8:1-11

A reading from the letter of Paul to the Romans.

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Holy Word, Holy Wisdom.

Thanks be to God.

Gradual

Light of the world – John Dankworth

*Light beyond shadow, joy beyond tears, love that is greater when darkest our fears;
deeper the peace when the storm is around, dearer the Christ to the lost who is found.
Light of the world, Jesus shining, shining! Sins of the world, see him dying, dying! In our
darkness, he is light, in our crying, he is love, in the noise of life imparting peace that
passes understanding.*

Holy Gospel

Matthew 13:1-9, 18-23

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

That same day Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell

among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn 44

I believe in God almighty

Prayers of the People

Let us pray.

Living God, awaken in us a sense of wonder for the earth and all that is in it. Teach us to care creatively for its resources and to share its bounty equitably. Come, Holy Spirit, creator: renew the face of the earth.

Come, Holy Spirit, come.

Holy One, bless Bishop Shane in his ministry and enliven our diocese and cathedral, so that we may be salt of the earth and light to the world. Breathe fresh life into your people and give us power to reveal Christ in word and action. Come, Holy Spirit, counsellor: and touch our lips that we may proclaim your word.

Come, Holy Spirit, come.

Reconciling Spirit, lead us and all people into ways of justice and peace, that we may respect one another in freedom and truth. Be with those who live in the midst of conflict and bring safety to refugees and those in danger, especially in Ukraine. Come, Holy Spirit, power from on high: make us agents of peace, ministers of wholeness.

Come, Holy Spirit, come.

Healing God, be with all who suffer in body, mind or spirit, and be with those who mourn. May those we name in the silence of our hearts know the power of your comforting love.

Silence.

Make us willing agents of your compassion and strengthen us as we share in making people whole. Come, Holy Spirit, breath of God: give life to the dry bones of this exiled age, and make us a living people, holy and free.

Come, Holy Spirit, come.

Faithful God, inspire with your wisdom those whose decisions affect the lives of others, that all may act with integrity and courage. Give grace to all whose lives are linked with ours, that we may serve Christ in one another, and love as he loves us. Come, Holy Spirit, wisdom and truth: strengthen us in the risk of faith.

Come, Holy Spirit, come. Amen.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 447

Lord, we hear your word with gladness



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate, by going to <https://www.canadahelps.org/en/dn/5519>, or by e-transfer to info@ottawacathedral.ca.

THE CELEBRATION OF THE EUCHARIST

Prayer Over the Gifts

Loving God, your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord. **Amen.**

The Great Thanksgiving

May God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator

It is right to offer thanks and praise.

Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation.

Joining in the song of the universe we proclaim your glory: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.*

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him.

He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever. **Amen.**

The Lord's Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet

Thee we adore, O hidden Saviour, thee

Thee we adore, O hidden Saviour, thee, who in thy sacrament dost deign to be; both flesh and spirit at thy presence fail, yet here thy presence we devoutly hail. O blest memorial of our dying Lord, who living bread to us doth here afford, O may our souls forever feed on thee, and thou, O Christ, forever precious be. Fountain of goodness, Jesus, Lord and God, cleanse us, unclean, with thy most cleansing blood; increase our faith and love, that we may know the hope and peace which from thy presence flow. O Christ, whom now beneath a veil we see, may what we thirst for soon our portion be: to gaze on thee unveiled, and see thy face, the vision of thy glory and thy grace.

THE SENDING OF THE COMMUNITY

Prayer after Communion

Living God, in this sacrament we have shared in your eternal kingdom. May we who taste this mystery forever serve you in faith, hope, and love. We ask this in the name of Jesus Christ the Lord. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, forever and ever. Amen.

Blessing and Dismissal

May Christ's holy, healing, enabling Spirit be with you every step of the way, and be your guide as your road changes and turns; and the blessing of God our Creator, Redeemer and Giver of life be with you always. **Amen.**

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Hymn 415

All things bright and beautiful

Postlude

Please join us for lemonade following the service.

Celebrant
Preacher
Organist
Cantor
Readers
Intercessor
Duty Warden

Dean Beth Bretzlaff
Canon Rob Heard
James Calkin
Gary Dahl
Bill Gardner, Myles McGarry
Connie Brook
Till Heyde

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READINGS NEXT SUNDAY

July 23rd – Eighth Sunday after Pentecost

Genesis 28:10-19a; Psalm 139:1-11, 22-23; Romans 8:12-25; Matthew 13:24-30, 36-43

CHRIST CHURCH CATHEDRAL

Anishinaabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory
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Cathedral of the Canadian Forces Anglican Military Ordinariate

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