



Christ Church
Cathedral
Ottawa

First Sunday in Lent

Sunday | February 18th | 2024

10.30 am | Choral Eucharist | BAS

Mass for three voices | William Byrd

Welcome

Children are welcome to fully participate in the service and activity sheets are available in the bookshelves at the entrance to the Cathedral. Sidespeople can provide headsets for those who need hearing assistance and can ensure that communion is brought to you in the pew if required. Please turn off or set mobile devices to silent mode.

The Gathering of the Community

Prelude | *O mensch beweine, deine Sünde groß BWV622* | J.S. Bach

Announcements

Introit | *Lent Prose* | *Tone V*

Hear us, O Lord, have mercy upon us: for we have sinned against thee. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications. O thou chief cornerstone, right hand of the Father: way of salvation, gate of life celestial: cleanse though our sinful souls from all defilement.

Greeting

Dear friends, we gather this day on traditional Anishinaabe Algonquin territory.

May we always dwell on this land with respect and peace.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

A Penitential Order

Sentence | *Matthew 4:4*

We shall not live by bread alone, but by every word that proceeds from the mouth of God.

Bless the Lord who forgives all our sins.

God's mercy endures for ever.

Invitation to Confession

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Kyrie Eleison

Kyrie eleison, Christe eleison, Kyrie eleison. | Lord, have mercy upon us. Christ, have mercy upon us.

Confession and Absolution

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Collect of the Day

Spirit of the desert, you drove Jesus to the edge of the world to seek your truth and find his calling: scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds.

Amen.

The Proclamation of the Word

First Reading | *Genesis 9:8-17*

A reading from the book of Genesis.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the

earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Holy Word, Holy Wisdom.

Thanks be to God.

Psalm | 25:1-9

To you, O Lord, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me. Let none who look to you be put to shame; let the treacherous be disappointed in their schemes. Show me your ways, O Lord, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long. Remember, O Lord, your compassion and love, for they are from everlasting. Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord. Gracious and upright are you, O Lord; therefore you teach sinners in your way. You guide the humble in doing right and teach your way to the lowly. O Lord, all your paths are love and faithfulness to those who keep your covenant and your testimonies.

Second Reading | 1 Peter 3:18-22

A reading from the first letter of Peter.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you -not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Holy Word, Holy Wisdom.

Thanks be to God.

Gradual | *View me Lord | Charles Wood*

View me, Lord, a work of thine: shall I then lie drowned in night? might thy grace in me but shine, I should seem made all of light. Cleanse me, Lord, that I may kneel at Thine altar pure and white: they that once thy mercies feel, gaze no more on earth's delight. Worldly joys, like shadows, fade when the heav'nly light appears, but the covenants thou hast made, endless, know nor days nor years. In thy word, Lord, is my trust, to thy mercies fast I fly; though I am but clay and dust, yet thy grace can lift me high. Amen.

Holy Gospel | *Mark 1:9-15*

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you Lord Jesus Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn 564 | *Lead us, heavenly father, lead us*

Apostles' Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers

Let us pray.

God of grace, you are our judge and our hope. Transform us with your love, harness our energy for your purposes in the world, and hear us as we offer our prayers.

We pray for the earth as your creation, staggering under the demands of human activity and expectation. Where we are tempted to use resources carelessly, where human lifestyles endanger homes and habitats of other peoples or other species, where immediate gain tempts people to give no thought for the future, send your wisdom to guide citizens and decision makers to act responsibly.

Lord, in your mercy,

Hear our prayer.

We pray for Bishop Shane and our diocesan parishes and community ministries. Where we are tempted to guard traditions and resist new possibilities, where we magnify differences instead of celebrating our unity in Christ, where energy for leadership and community life has grown weaker, send your healing and transforming grace.

Lord, in your mercy,

Hear our prayer.

We pray for relationships suffering under stress. Where families are tempted to nurse grudges and harbour complaints, where friendships have been wounded by misunderstanding or neglect, where workplace tensions have arisen over clashing opinions or exhausting demands, send your reconciling and restoring mercy.

Lord, in your mercy,

Hear our prayer.

We pray for the world filled with increasing threats and conflicts and war. Where countries are torn by unrest and persecution, where communities are diminished by prejudice and discrimination, where those with power and authority degrade or dismiss their critics, empower those who work for just solutions and advocate for the powerless.

Lord, in your mercy,

Hear our prayer.

We pray for all who are troubled, for those who face illness or loss of any kind, for those challenged by economic hardship, and for those faced with the reality of death, their own or of someone dear. As we offer in silence the names of those on our hearts this day, embrace each one with your compassion and courage.

Silence.

Lord, in your mercy,

Hear our prayer.

Even as we remember the many challenges around us, we give you thanks for the blessings we know, for moments of pleasure, for laughter shared, for conversations that brighten our day. Thank you for your steadfast love and the comfort we draw from your presence with us in all things. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 175 | *Forty days and forty nights*



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate, by going to <https://www.canadahelps.org/en/dn/5519> or by e-transfer to info@ottawacathedral.ca.

The Celebration of the Eucharist

Prayer Over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first.

Therefore we raise our voices with angels and archangels, forever praising you: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

Restore us, O God, let your face shine!

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters, brothers, and siblings. When we are broken and cast aside, embrace us in your love.

Restore us, O God, let your face shine!

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

The Lord's Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread,

Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet | *Hear my prayer* | Thomas Tomkins

Hear my prayer, O Lord, and let my crying come unto thee. O hide not thy face from me in the time of my trouble: incline thine ear unto me, O Lord; O hear me and that right soon.

The Sending of the Community

Prayer after Communion

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine.

Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing and Dismissal

May the God of mercy transform you by grace, and the blessing of God the Creator, God the Son, and God the Holy Spirit, be among you and remain with you always. **Amen.**

Go forth in the name of Christ.

Thanks be to God.

Hymn 533 | *Jesus, lover of my soul*

Postlude | *Fantasie in G minor BWV542* | J.S. Bach

Celebrant | The Very Reverend Beth Bretzlaff
Preacher | Lt (N) The Reverend Katherine Walker
Readers | Judith O'Rourke | David Morgan
Intercessor | Connie Brook

Organist | Owen Spicer
Director | Andrew McAnerney
Sung by | Cathedral Lay Clerks
Duty Warden | Shawn Scromeda

Readings Next Sunday | February 25th

Second Sunday in Lent

Genesis 17:1-7, 15-16; Psalm 22:22-30; Romans 4:13-25; Mark 8:31-38

Lent and Holy Week Services

Wednesdays

12.05 pm | Eucharist

Thursdays in Lent

12.05 pm | Contemplative Prayer with Organ Meditation

Sundays in Lent

8.30 am | Holy Eucharist

10.30 am | Choral Eucharist

8 pm | Compline

Palm/Passion Sunday | March 24th

8.30 am | Holy Eucharist with Blessing of Palms

10.30 am | Choral Eucharist with Palm Procession

Monday | Tuesday | Wednesday in Holy Week | March 25th to 27th

12.05 | pm Sung Eucharist

Maundy Thursday | March 28th

7 pm | Choral Eucharist with Stripping of the Altar

Good Friday | March 29th

Noon | Solemnity of the Lord's Passion

1 to 3 pm | Cathedral Open for Quiet Meditation

3 pm | Stabat Mater Sacred Concert

Holy Saturday | March 30th

8 pm | A Vigil for Easter

Easter Sunday | March 31st

8.30 am | Holy Eucharist

10.30 am | Festal Eucharist

Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory

The Anglican Cathedral in the Nation's Capital

Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Dr. Shane Parker

Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 16)

Vicar | The Reverend Canon Douglas Richards (ext. 19)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Canon Rob Heard | LCol (ret'd) The Venerable Michelle Staples |

Lt (N) The Reverend Katherine Walker

Algonquin Teacher in Residence | Albert Dumont (Oshki Nodin)

Spiritual Director in Residence | Deacon Christine Jannasch (613.818.1754)

Cathedral Administrator | Josephine Hall (ext. 29)

Church Wardens | Jane Morris | Katherine Spencer-Ross

Director of Music and Organist | James Calkin (ext. 20)

Associate Director of Music | Andrew McAnerney (ext. 12)

Assistant Organist | Owen Spicer
