



Christ Church  
Cathedral  
Ottawa

## Third Sunday in Lent

Sunday | March 3<sup>rd</sup> | 2024

10.30 am | Choral Eucharist | BAS

*Short Communion Service in the Phrygian Mode | Charles Wood*

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## Welcome

Children are welcome to fully participate in the service and activity sheets are available in the bookshelves at the entrance to the Cathedral. Sidespeople can provide headsets for those who need hearing assistance and can ensure that communion is brought to you in the pew if required. Please turn off or set mobile devices to silent mode.

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# The Gathering of the Community

**Prelude** | *Lied (Pièces en style libre) | Louis Vierne*

## Announcements

**Introit** | *Lent Prose | Tone V*

*Hear us, O Lord, have mercy upon us: for we have sinned against thee. God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses. Sins oft committed now we lay before thee: with true contrition, now no more we veil them: grant us, Redeemer, loving absolution.*

## Greeting

Dear friends, we gather this day on traditional Anishinaabe Algonquin territory.

**May we always dwell on this land with respect and peace.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

## A Penitential Order

**Sentence** | *John 3:16*

God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life.

Bless the Lord who forgives all our sins.

**God's mercy endures for ever.**

## Invitation to Confession

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

*Silence.*

# Kyrie Eleison

*Lord, have mercy upon us. Christ, have mercy upon us.*

## Confession and Absolution

Most merciful God,

**we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## Collect of the Day

God of mercy, alone we have no power in ourselves to help ourselves. When we are discouraged by our weakness, strengthen us to follow Christ, our pattern and our hope; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## The Proclamation of the Word

### First Reading | *Exodus 20:1-17*

A reading from the book of Exodus.

God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labour and do all your work. But the

seventh day is a sabbath to the Lord your God; you shall not do any work - you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Holy Word, Holy Wisdom.

**Thanks be to God.**

## Psalm | 19

*The heavens declare the glory of God, and the firmament shows the handiwork of the Lord. One day tells its tale to another, and one night imparts knowledge to another. Although they have no words or language, and their voices are not heard, their sound has gone out into all lands, and their message to the ends of the world. In the deep has God set a pavilion for the sun; it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course. It goes forth from the uttermost edge of the heavens and runs about to the end of it again; nothing is hidden from its burning heat. The law of the Lord is perfect and revives the soul; the testimony of the Lord is sure and gives wisdom to the innocent. The statutes of the Lord are just and rejoice the heart; the commandment of the Lord is clear and gives light to the eyes. The fear of the Lord is clean and endures for ever; the judgements of the Lord are true and righteous altogether. More to be desired are they than gold, more than much fine gold, sweeter far than honey, than honey in the comb. By them also is your servant enlightened, and in keeping them there is great reward. Who can tell how often they offend? Cleanse me from my secret faults. Above all, keep your servant from presumptuous sins; let them not get dominion over me; then shall I be whole and sound, and innocent of a great offense. Let the words of my mouth and the meditations of my heart be acceptable in your sight; O Lord, my strength and my redeemer.*

## Second Reading | 1 Corinthians 1:18-25

A reading from the first letter of Paul to the Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise,

and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Holy Word, Holy Wisdom.

**Thanks be to God.**

**Gradual** | *Locus Iste* | Anton Bruckner

*Locus iste a Deo factus est, inaestimabile sacramentum, irreprehensibilis est. | This place was made by God, a priceless sacrament; it is without reproach.*

**Holy Gospel** | *John 2:13-22*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## Sermon

Hymn 5 | *Christ whose glory fills the skies*

## Apostles' Creed

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## Prayers

Let us pray.

God of grace, you are our judge and our hope. Transform us with your love, harness our energy for your purposes in the world, and hear us as we offer our prayers.

We pray for the earth as your creation, staggering under the demands of human activity and expectation. Where we are tempted to use resources carelessly, where human lifestyles endanger homes and habitats of other peoples or other species, where immediate gain tempts people to give no thought for the future, send your wisdom to guide citizens and decision makers to act responsibly.

Lord, in your mercy,

**Hear our prayer.**

We pray for Bishop Shane and our diocesan parishes and community ministries. Where we are tempted to guard traditions and resist new possibilities, where we magnify differences instead of celebrating our unity in Christ, where energy for leadership and community life has grown weaker, send your healing and transforming grace.

Lord, in your mercy,

**Hear our prayer.**

We pray for relationships suffering under stress. Where families are tempted to nurse grudges and harbour complaints, where friendships have been wounded by misunderstanding or neglect, where workplace tensions have arisen over clashing opinions or exhausting demands, send your reconciling and restoring mercy.

Lord, in your mercy,

**Hear our prayer.**

We pray for the world filled with increasing threats and conflicts and war. Where countries are torn by unrest and persecution, where communities are diminished by prejudice and discrimination, where those with power and authority degrade or dismiss their critics, empower those who work for just solutions and advocate for the powerless.

Lord, in your mercy,

**Hear our prayer.**

We pray for all who are troubled, for those who face illness or loss of any kind, for those challenged by economic hardship, and for those faced with the reality of death, their own or of someone dear. As we offer in silence the names of those on our hearts this day, embrace each one with your compassion and courage.

*Silence.*

Lord, in your mercy,

**Hear our prayer.**

Even as we remember the many challenges around us, we give you thanks for the blessings we know, for moments of pleasure, for laughter shared, for conversations that brighten our day. Thank you for your steadfast love and the comfort we draw from your presence with us in all things. **Amen.**

## The Peace

The peace of the Lord be always with you.

**And also with you.**

## Offertory Hymn 529 | *God, my hope on you is founded*



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate, by going to <https://www.canadahelps.org/en/dn/5519> or by e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca).

# The Celebration of the Eucharist

## Prayer Over the Gifts

Gracious God, we know your power to triumph over weakness. May we who ask forgiveness be ready to forgive one another, in the name of Jesus the Lord. **Amen.**

## The Great Thanksgiving

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first.

Therefore we raise our voices with angels and archangels, forever praising you: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.



## **Restore us, O God, let your face shine!**

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope.

**Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.**

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters, brothers, and siblings. When we are broken and cast aside, embrace us in your love.

**Restore us, O God, let your face shine!**

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. **Amen.**

## **The Lord's Prayer**

Our Father,

**who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

## Breaking of the Bread

We break this bread,

**Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.

**If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The gifts of God for the People of God.

**Thanks be to God.**

## Agnus Dei

### Communion

*All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.*

**Motet** | *If ye love me* | Thomas Tallis

*If ye love me, keep my commandments. And I will pray the Father, and he shall give you another comforter, that he may abide with you forever; Even the spirit of truth.*

## The Sending of the Community

### Prayer after Communion

God of mercy and forgiveness, may we who share this sacrament live together in unity and peace, in the name of Jesus Christ the Lord. **Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### Blessing and Dismissal

May the God of mercy transform you by grace, and the blessing of God the Creator, God the Son, and God the Holy Spirit, be among you and remain with you always. **Amen.**

Go forth in the name of Christ.

**Thanks be to God.**

**Hymn 564** | *Lead us, heavenly father, lead us*

**Postlude** | *Moderato (Symphonie 3)* | C.M. Widor

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Celebrant | The Reverend Canon Doug Richards

Preacher | The Very Reverend Beth Bretzlaff

Readers | Daniel Jerusolimiec | Barbara Morris

Intercessor | Godfrey Mabaleka

Organist | James Calkin

Director | Andrew McAnerney

Sung by | Boys and Lay Clerks

Duty Warden | Jane Morris

Liturgy: *The Book of Alternative Services* ©1985, *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016, *Supplementary Eucharistic Prayer #2* © 2001 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

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## Readings Next Sunday | March 10<sup>th</sup>

### Fourth Sunday in Lent

Numbers 21:4-9; Psalm 107:1-3, 17-22; Ephesians 2:1-10; John 3:14-21

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## Lent and Holy Week Services

### Wednesdays

12.05 pm | Eucharist

### Thursdays in Lent

12.05 pm | Contemplative Prayer with Organ Meditation

### Sundays in Lent

8.30 am | Holy Eucharist | 10.30 am | Choral Eucharist

8 pm | Compline

### Palm/Passion Sunday | March 24<sup>th</sup>

8.30 am | Holy Eucharist with Blessing of Palms

10.30 am | Choral Eucharist with Palm Procession

**Monday | Tuesday | Wednesday in Holy Week | March 25<sup>th</sup> to 27<sup>th</sup>**

12.05 | pm Sung Eucharist

**Maundy Thursday | March 28<sup>th</sup>**

7 pm | Choral Eucharist with Stripping of the Altar

**Good Friday | March 29<sup>th</sup>**

Noon | Solemnity of the Lord's Passion

1 to 3 pm | Cathedral Open for Quiet Meditation

3 pm | Stabat Mater Sacred Concert

**Holy Saturday | March 30<sup>th</sup>**

8 pm | A Vigil for Easter

**Easter Sunday | March 31<sup>st</sup>**

8.30 am | Holy Eucharist | 10.30 am | Festal Eucharist

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## **Christ Church Cathedral Ottawa**

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory

The Anglican Cathedral in the Nation's Capital

Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Dr. Shane Parker

Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 16)

Vicar | The Reverend Canon Douglas Richards (ext. 19)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Canon Rob Heard | LCol (ret'd) The Venerable Michelle Staples |

Lt (N) The Reverend Katherine Walker

Algonquin Teacher in Residence | Albert Dumont (Oshki Nodin)

Spiritual Director in Residence | Deacon Christine Jannasch (613.818.1754)

Cathedral Administrator | Josephine Hall (ext. 29)

Church Wardens | Jane Morris | Katherine Spencer-Ross

Director of Music and Organist | James Calkin (ext. 20)

Associate Director of Music | Andrew McAnerney (ext. 12)

Assistant Organist | Owen Spicer

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