



Christ Church  
Cathedral  
Ottawa

## Fifth Sunday in Lent

Sunday | March 17<sup>th</sup> | 2024

8.30 am | Holy Eucharist | BCP

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### Welcome

Children are welcome to fully participate in the service  
and activity sheets are available in the bookshelves at the entrance to the Cathedral.  
Please turn off or set mobile devices to silent mode.

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# Order of Service

## Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you.

**And also with you.**

## Announcements

## Collect for Purity

Let us pray.

Almighty God,

**unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

## Summary of the Law

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

## Collect of the Day

God of glory, your revelation through Jesus Christ calls into your covenant of love. Enable us now to reflect your love, so that barriers erected by sin may be broken down, and all people may be drawn to you; through him who lives and reigns with you and the Holy Spirit, now and for ever. **Amen.**

### First Reading | *Jeremiah 31:31-34*

A reading from the book of Jeremiah.

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Holy Word, Holy Wisdom.

**Thanks be to God.**

### Psalm | *51:1-13*

**Have mercy on me, O God, according to your loving-kindness;  
in your great compassion blot out my offenses.**

**Wash me through and through from my wickedness  
and cleanse me from my sin.**

**For I know my transgressions,  
and my sin is ever before me.**

**Against you only have I sinned and done what is evil in your sight.  
And so you are justified when you speak and upright in your judgement.**

**Indeed, I have been wicked from my birth,  
a sinner from my mother's womb.**

**For behold, you look for truth deep within me,  
and will make me understand wisdom secretly.**

**Purge me from my sin, and I shall be pure;  
wash me, and I shall be clean indeed.**

**Make me hear of joy and gladness,  
that the body you have broken may rejoice.**

**Hide your face from my sins  
and blot out all my iniquities.**

**Create in me a clean heart, O God,  
and renew a right spirit within me.**

**Cast me not away from your presence  
and take not your holy Spirit from me.**

**Give me the joy of your saving help again  
and sustain me with your bountiful Spirit.**

**I shall teach your ways to the wicked,  
and sinners shall return to you.**

Glory be to the Father, and to the Son, and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

## **Second Reading** | *Hebrews 5:5-10*

A reading from the letter to the Hebrews.

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Holy Word, Holy Wisdom.

**Thanks be to God.**

## Holy Gospel | *John 12:20-33*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour. Now my soul is troubled. And what should I say - 'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## Nicene Creed

I believe in one God

**the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:**

**And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made:**

**Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

## Sermon

### Offertory | *Romans 12:1*

I beseech you, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.



*Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate, by going to <https://www.canadahelps.org/en/dn/5519> or by e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca).*

Blessed be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

**All things come of thee, and of thine own have we given thee.**

## Intercession

Let us pray.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Shane our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

## Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God.

*Silence.*

Almighty God,

**Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake,**

**Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you.

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life.

Hear also what Saint Paul saith. This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

Hear also what Saint John saith. If any one sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

## Thanksgiving and Consecration

The Lord be with you;

**And with thy spirit.**

Lift up your hearts;

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God;

**It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.



Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**Holy, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.**

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and Cup of everlasting salvation, the memorial which he hath commanded;

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion;

And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The peace of the Lord be always with you.

**And with thy spirit.**

## Prayer of Humble Access

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

## Agnus Dei

O Lamb of God, that takest away the sin of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sin of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sin of the world,  
**grant us thy peace.**

## Communion

*All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.*

# The Lord's Prayer

Let us pray.

Our Father,

**who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

## Prayer after Communion

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

**And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

## Blessing

May the God of mercy transform you by grace; And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

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Celebrant | The Very Reverend Beth Bretzlaff  
Preacher | The Reverend Canon Doug Richards

Reader | Sophie Mündel  
Duty Warden | Shawn Scromeda

Collect: *FWM Proposed Prayers* alt. Liturgy: *The Book of Alternative Services* ©1985. Liturgy: *The Book of Common Prayer* ©1962; *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV) Anglicized Edition* ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

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## Readings Next Sunday | March 24<sup>th</sup>

### Palm/Passion Sunday

Isaiah 50:4-9a; Psalm 31:9-16; Philippians 2:5-11; Mark 15:1-39

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## Lent and Holy Week Services

### Wednesdays

12.05 pm | Eucharist

### Thursdays in Lent

12.05 pm | Contemplative Prayer with Organ Meditation

### Sundays in Lent

8.30 am | Holy Eucharist | 10.30 am | Choral Eucharist  
8 pm | Compline

### Palm/Passion Sunday | March 24<sup>th</sup>

8.30 am | Holy Eucharist with Blessing of Palms  
10.30 am | Choral Eucharist with Palm Procession

### Monday | Tuesday | Wednesday in Holy Week | March 25<sup>th</sup> to 27<sup>th</sup>

12.05 | pm Sung Eucharist

### Maundy Thursday | March 28<sup>th</sup>

7 pm | Choral Eucharist with Stripping of the Altar

### Good Friday | March 29<sup>th</sup>

Noon | Solemnity of the Lord's Passion  
1 to 3 pm | Cathedral Open for Quiet Meditation  
3 pm | Stabat Mater Sacred Concert

### Holy Saturday | March 30<sup>th</sup>

8 pm | A Vigil for Easter

### Easter Sunday | March 31<sup>st</sup>

8.30 am | Holy Eucharist | 10.30 am | Festal Eucharist

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