



Christ Church  
Cathedral  
Ottawa

# Sixteenth Sunday after Pentecost

Sunday | September 8<sup>th</sup> | 2024

10.30 am | Sung Eucharist | BAS

*Communion Service in C | John Ireland*

The flowers are given to the glory of God  
and in loving memory of Lynne Barnhouse and Dr. Desmond Morton

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## Welcome

Children are welcome to fully participate in the service and activity sheets are available in the bookshelves at the entrance to the Cathedral. Sidespeople can provide headsets for those who need hearing assistance and can ensure that communion is brought to you in the pew if required. Please turn off or set mobile devices to silent mode.

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# The Gathering of the Community

**Prelude** | *Chaconne (BuxWV160)* | *Dieterich Buxtehude*

## Announcements

**Hymn 330** | *O Praise ye the Lord*

## Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

Our Diocese of Ottawa was founded on the homeland of the Anishinaabe Algonquin.

**May we dwell on this land with respect and peace.**

Almighty God,

**unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

## Gloria

***Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.***

## Collect of the Day

Stir up, O Lord, the wills of your faithful people, that richly bearing the fruit of good works, we may by you be richly rewarded; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

# The Proclamation of the Word

## First Reading | *Proverbs 22:1-2, 8-9, 22-23*

A reading from the book of Proverbs.

A good name is to be chosen rather than great riches, and favour is better than silver or gold. The rich and the poor have this in common: the Lord is the maker of them all. Whoever sows injustice will reap calamity, and the rod of anger will fail. Those who are generous are blessed, for they share their bread with the poor. Do not rob the poor because they are poor, or crush the afflicted at the gate; for the Lord pleads their cause and despoils of life those who despoil them.

Holy Word, Holy Wisdom.

**Thanks be to God.**

## Psalm | 125

*Those who trust in the Lord are like Mount Zion, which cannot be moved, but stands fast for ever. The hills stand about Jerusalem; so does the Lord stand round about this people, from this time forth for evermore. The sceptre of the wicked shall not hold sway over the land allotted to the just, so that the just shall not put their hands to evil. Show your goodness, O Lord, to those who are good and to those who are true of heart. As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; but peace be upon Israel.*

## Second Reading | *James 2:1-10, 14-17*

A reading from the letter of James.

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfil the royal law according to the scripture, "You shall love your neighbour as

yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Holy Word, Holy Wisdom.

**Thanks be to God.**

**Gradual** | *Be thou my vision* | *Bob Chilcott*

*Be thou my vision, O Lord of my heart; be all else but naught to me, save that thou art, be thou my best thought, in the day or by night, both waking or sleeping, thy presence my light. Be thou my vision, O Lord of my heart; be all else but naught to me, save that thou art, be thou my best thought, in the day or by night, both waking or sleeping, thy presence my light. Be thou my wisdom, be thou my true word; be thou ever with me, and I with thee, Lord; Be thou my great father, and I thy true son; be thou in me dwelling, and I with thee one. Be thou, and thou only, the first in my heart; O Sovereign of heaven, my treasure thou art; O Sovereign of heaven, be thou my Vision; be thou my vision, O ruler of all.*

**Holy Gospel** | *Mark 7:24-37*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region

of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## Sermon

Hymn 584 | *The church of Christ in every age*

## Apostles' Creed

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## Prayers

Let us pray.

Gracious God, we pray for peace, justice and reconciliation throughout the world. We pray for the honouring of human rights, and for the relief of the oppressed. We give thanks for all that is gracious in our lives and the lives of others. Lord, in your mercy:  
**Hear our prayer.**

We pray for the renewal of the Church in faith, love and service. We pray for Shane our bishop and for the life of our Cathedral. We give thanks for the gift of your word, the grace of the sacraments and the fellowship of your people. Lord, in your mercy:

**Hear our prayer.**

We pray for our local community and for all people in their daily life and work. We pray for the young and the elderly, for families, and all who are alone. We give thanks for human skill and creativity and all that reveals your loveliness. Lord, in your mercy:

**Hear our prayer.**

We pray for those who are in need; for the sick, sorrowful and bereaved, and especially those we hold in our hearts at this time.

*Silence.*

We pray for all who bring comfort, care and healing. We give thanks for human love and friendship and for all that enriches our daily lives. Lord, in your mercy:

**Hear our prayer.**

Let us commend ourselves, and all for whom we pray, to the mercy and protection of God. **Amen.**

## Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

*Silence.*

Most merciful God,

**we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

## The Peace

The peace of the Lord be always with you.

**And also with you.**

## Offertory Hymn 508 | *I heard the voice of Jesus say*



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate or tip-tap machine in the foyer, by going to <https://www.canadahelps.org/en/dn/5519> or by e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca).

# The Celebration of the Eucharist

## Prayer Over the Gifts

Great and holy God, accept our offering of labour and love. May we bring you true and spiritual worship and be one with you. We ask this in the name of Jesus Christ the Lord.  
**Amen.**

## The Great Thanksgiving

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you.

**Glory to you for ever and ever.**

You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do.

In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

We give you thanks and praise, loving God, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected.

Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

**Glory to you for ever and ever.**

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

**Glory to you for ever and ever.**

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

**Glory to you for ever and ever.**

Living God, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom. We sing your praise, almighty God, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

**Glory to you for ever and ever. Amen.**

## The Lord's Prayer

Our Father,

**who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

## Breaking of the Bread

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the People of God.

**Thanks be to God.**

## Agnus Dei

## Communion

*All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.*

**Motet** | *God be in my head* | Henry Walford Davies

*God be in my head, and in my understanding; God be in mine eyes, and in my looking; God be in my mouth, and in my speaking; God be in my heart, and in my thinking; God be at mine end, and at my departing.*

## The Sending of the Community

### Prayer after Communion

Father, your word and sacrament give us food and life. May we who have shared in holy things bear fruit to your honour and glory, in the name of Jesus Christ the Lord. **Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation, in the Church and in Christ Jesus, forever and ever. Amen.**

### Blessing and Dismissal

May the light of God surround you; the love of God enfold you; the power of God protect you; the presence of God watch over you; and the blessing of God be with you now and always. **Amen.**

Go in peace to love and serve the Lord.

**Thanks be to God.**

**Hymn 306** | *O for a thousand tongues to sing*

**Postlude** | *Concerto in G (BWV 592)* | *trans. J.S. Bach*

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Celebrant | The Reverend Canon Doug Richards  
Preacher | The Very Reverend Beth Bretzlaff  
Readers | Rebecca Officer | Barbara Morris  
Intercessor | Daniel Jerusalemiec

Organist | James Calkin  
Director | Andrew McAnerney  
Choir | Lay Clerks | Choral Scholars  
Duty Warden | Katherine Spencer-Ross

Liturgy: *The Book of Alternative Services* ©1985, *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

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## Readings Next Sunday | September 15<sup>th</sup>, 2024

### Sixteenth Sunday after Pentecost

Proverbs 1:20-30; Psalm 19; James 3:1-13, Mark 8:27-38

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## Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory  
The Anglican Cathedral in the Nation's Capital  
Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Dr. Shane Parker  
Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 16)

Vicar | The Reverend Canon Douglas Richards (ext. 19)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Canon Rob Heard | LCol (ret'd) The Venerable Michelle Staples |  
Lt (N) The Reverend Katherine Walker

Algonquin Teacher in Residence | Albert Dumont (Oshki Nodin)  
Spiritual Director in Residence | Deacon Christine Jannasch (613.818.1754)

Church Wardens | Jane Morris | Katherine Spencer-Ross  
Director of Music and Organist | James Calkin (ext. 20)  
Associate Director of Music | Andrew McAnerney (ext. 12)  
Assistant Organist | Owen Spicer